

NICE diabetes guidelines updates 2022:

Recommendations for continuous glucose monitoring

FreeStyle *Libre* 2 

FreeStyle *Libre* 3 

isCGM/Flash

Intermittently scanned continuous glucose monitoring¹



Simple, easy to use²,
no finger pricking³



Minute-by-minute glucose readings



Optional Glucose Alarms



Comprehensive data providing insight
driven changes to diabetes management



For a complete glycaemic picture,
scan once every 8 hours

rtCGM

Real-time continuous glucose monitoring¹



Revolutionary design delivers
unsurpassed 14-day performance⁴



Streaming data and alarms to aid complex
disease management



Simple, easy to use², innovative technology



Minute-by-minute glucose readings

Type 1 diabetes in adults
NG17¹

Offer a choice of **rtCGM** or **isCGM**, based on individual preferences, needs, characteristics, and the functionality of the devices available.

Type 2 diabetes in adults
NG28⁵

For adults treated with insulin

Offer **isCGM**

- for eligible patients on multiple daily injections of insulin, as per NICE criteria.
- if the patient would otherwise need help from a care worker or healthcare professional to monitor their blood glucose.

Consider **rtCGM** as an alternative to isCGM if available for the same or lower cost.

Type 1 and 2 diabetes in children and young people
NG18⁶

For children and young people with type 1 diabetes

Offer a choice of **rtCGM**, based on their individual preferences, needs, characteristics, and the functionality of the devices available

Offer **isCGM** to those aged 4 years and over if preferred or unable to use rtCGM.

FreeStyle *Libre* 

 **Abbott**
life. to the fullest.®

Images are for illustrative purposes only. Not actual patient data.

1. NICE guideline NG17 (2015) available at <https://www.nice.org.uk/guidance/ng17>. 2. Data on file, Abbott Diabetes Care, Inc. 3. Finger pricks are required if glucose readings and alarms do not match symptoms or expectations. 4. FreeStyle Libre 3 user manual. 5. NICE NG28 available at: <https://www.nice.org.uk/guidance/ng28/resources/type-2-diabetes-in-adults-management-pdf-1837338615493>. 6. NICE guideline NG18 (2015) available at <https://www.nice.org.uk/guidance/ng18>.

© 2022 Abbott. FreeStyle, Libre, and related brand marks are marks of Abbott. ADC-62267 v1.0 09/22.

Guidelines at a glance



Flexible education and support for HCPs and patients

Discover FreeStyle Progress for tips, tools and training.

- The FreeStyle Academy**
- Case studies**
- Tutorial videos**
- Podcast series**
- Webinars**

Patients can choose how they access training to get started:

- On demand**
Certified training videos and modules
- Virtual**
Live interactive webinars
- Face-to-face**
Delivered by Abbott or the HCP

Register today: Progress.FreeStyleDiabetes.co.uk

FreeStyle Libre

Abbott
life. to the fullest.®

*Patient choice.¹

[§] Must have one of: recurrent hypoglycaemia, severe hypoglycaemia, impaired hypoglycaemia awareness, a condition or disability meaning that they cannot self-monitor by finger pricks but could use an isCGM device (or have it scanned for them); or if they would otherwise be advised to self measure at least 8 times a day. isCGM for adults who would otherwise need help from a care worker or HCP. Consider rtCGM if same or lower cost.²

[‡] Consider, if problematic severe hypoglycaemia, with or without impaired awareness of hypoglycaemia or unstable blood glucose levels that are causing concern.³

1. NICE guideline NG17 (2015) available at www.nice.org.uk/guidance/ng17. **2.** NICE NG28 available at: www.nice.org.uk/guidance/ng28/resources/type-2-diabetes-in-adults-management-pdf-1837338615493. **3.** NICE guideline NG18 (2015) available at www.nice.org.uk/guidance/ng18.

© 2022 Abbott. FreeStyle, Libre, and related brand marks are marks of Abbott. ADC-62267 v1.0 09/22.