

NICE diabetes guidelines updates 2022:

Recommendations for continuous glucose monitoring

FreeStyle *Libre 2* 

FreeStyle *Libre 3* 

isCGM/Flash

Intermittently scanned continuous glucose monitoring¹



Simple, easy to use²,
no finger pricking³



Minute-by-minute glucose readings



Optional Glucose Alarms



Comprehensive data providing insight
driven changes to diabetes management



For a complete glycaemic picture,
scan once every 8 hours

rtCGM

Real-time continuous glucose monitoring¹



Revolutionary design delivers
unsurpassed 14-day performance⁴



Streaming data and alarms to aid complex
disease management



Simple, easy to use², innovative technology



Minute-by-minute glucose readings

Type 1 diabetes in adults
NG17¹

Offer a choice of **rtCGM** or **isCGM**, based on individual preferences, needs, characteristics, and the functionality of the devices available.

Type 2 diabetes in adults
NG28⁵

For adults treated with insulin

Offer **isCGM**

- for eligible patients on multiple daily injections of insulin, as per NICE criteria.
- if the patient would otherwise need help from a care worker or healthcare professional to monitor their blood glucose.

Consider **rtCGM** as an alternative to isCGM if available for the same or lower cost.

Type 1 and 2 diabetes in children and young people
NG18⁶

For children and young people with type 1 diabetes

Offer a choice of **rtCGM**, based on their individual preferences, needs, characteristics, and the functionality of the devices available

Offer **isCGM** to those aged 4 years and over if preferred or unable to use rtCGM.

FreeStyle *Libre* 

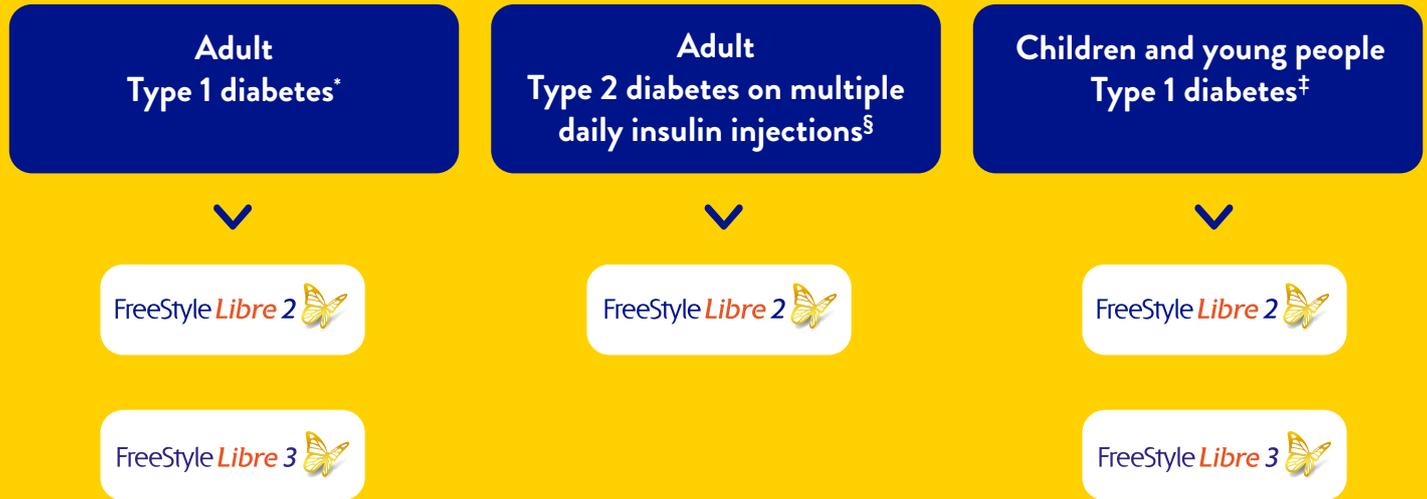
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Images are for illustrative purposes only. Not actual patient data.

1. NICE guideline NG17 (2015) available at <https://www.nice.org.uk/guidance/ng17>. 2. Data on file, Abbott Diabetes Care, Inc. 3. Finger pricks are required if glucose readings and alarms do not match symptoms or expectations. 4. FreeStyle Libre 3 user manual. 5. NICE NG28 available at: <https://www.nice.org.uk/guidance/ng28/resources/type-2-diabetes-in-adults-management-pdf-1837338615493>. 6. NICE guideline NG18 (2015) available at <https://www.nice.org.uk/guidance/ng18>.

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Guidelines at a glance



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FreeStyle Libre 

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*Patient choice.¹

§ Must have one of: recurrent hypoglycaemia, severe hypoglycaemia, impaired hypoglycaemia awareness, a condition or disability meaning that they cannot self-monitor by finger pricks but could use an isCGM device (or have it scanned for them); or if they would otherwise be advised to self measure at least 8 times a day. isCGM for adults who would otherwise need help from a care worker or HCP. Consider rtCGM if same or lower cost.²

‡ Consider, if problematic severe hypoglycaemia, with or without impaired awareness of hypoglycaemia or unstable blood glucose levels that are causing concern.³

1. NICE guideline NG17 (2015) available at www.nice.org.uk/guidance/ng17. 2. NICE NG28 available at: www.nice.org.uk/guidance/ng28/resources/type-2-diabetes-in-adults-management-pdf-1837338615493. 3. NICE guideline NG18 (2015) available at www.nice.org.uk/guidance/ng18.

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