



# DIABETES – PARENTS PASSPORT FOR SCHOOLS

This passport is to assist school staff in meeting  
my child's diabetes needs



**IT GIVES SCHOOL STAFF IMPORTANT INFORMATION  
ABOUT MY CHILD AND SHOULD BE AVAILABLE TO  
EVERYONE RESPONSIBLE FOR THEIR CARE**

*A charity supporting and listening to people who live with diabetes*



Attach photo here

My child's name:

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My child likes to be known as:

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Date of Birth:   /   /

School year: \_\_\_\_\_

Home Address: \_\_\_\_\_

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\_\_\_\_\_ Postcode: \_\_\_\_\_



First Parent/Guardian: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Tel. Home: \_\_\_\_\_

Tel. Work: \_\_\_\_\_

Tel. Mobile: \_\_\_\_\_

Second Parent/Guardian: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Tel. Home: \_\_\_\_\_

Tel. Work: \_\_\_\_\_

Tel. Mobile: \_\_\_\_\_

G.P. Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Tel No: \_\_\_\_\_



My child takes their insulin using e.g. pen, pump:

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The people who can give my child insulin are:

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The times their insulin is normally given are:

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## My Hypo Warning Signs

At times my child's blood sugar levels may run too low [called hypoglycaemia or a hypo]. If this happens, they have they have the following warning signs:

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### Hypo Warning Signs

If my child has a hypo they might not use the word 'hypo'. However they may say they feel e.g. strange/funny.

This is what to do:

**If my child is found unconscious or loses consciousness then call 999 immediately.**



There are certain times when my child is at increased risk of having a hypo. This may be after an activity, such as sport, or at a particular time of day or night. [Night hypos need to be considered in the event of a school trip involving an overnight stay]. These times are:

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My child may need to have meals and snacks at specific times. These times are:

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My child may need to eat a snack during class to avoid a hypo. Emergency food must always be available. This food may be:

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It is located:

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## My Hyper Warning Signs

At times my child's blood sugar levels may run too high [called hyperglycaemia or a hyper]. Hyperglycaemia is a potential risk for all children with diabetes but those using an insulin pump have a slightly increased risk of hyperglycaemia. If this happens, they have the following warning signs:

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### Hyper Warning Signs

This is what to do:

If hyperglycaemia occurs, a pump malfunctions or my child vomits then a parent or guardian should be contacted immediately. If a parent or guardian is not available then medical advice should be sought.



## **Blood Testing**

My child has their blood sugar levels tested on a regular basis.  
The people who can test their blood sugar levels are:

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The times their blood sugar levels are normally tested are:

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## Dietary Preferences

This section tells you about some of the foods that my child likes and those they don't.

It also tells you about any food allergies or intolerances my child may have.

Likes	Dislikes
Allergies/Intolerances	



## **Other medical conditions**

My child may have other medical conditions that may or may not require medication. If you want more information about these then please let me know. These conditions are:

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## **Other Information**

This section is to give you any other information about my child that may be useful.

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The information in this booklet should be reviewed/updated at least once a year or whenever your child's treatment changes. New copies can be obtained from IDDT using the contact details on the back of this booklet.



Signed (Parent/Guardian):

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Date: \_\_\_\_\_

Print name: \_\_\_\_\_

Relationship to child:

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## **For completion by the school:**

The following members of staff have undertaken diabetes training, in-line with statutory requirements and are competent to look after children with diabetes:

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# INDEPENDENT DIABETES TRUST



**Independent Diabetes Trust  
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**For further information about  
all our FREE leaflets contact us:**

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Charity Number 1058284 Registered Number 3148360