



The Insulin Dependent Diabetes Trust

***Annual Conference  
'Diabetes is More than Medications'***

Saturday, 13th October  
2012

Location  
Kettering Park Hotel & Spa  
Kettering Park  
Kettering  
Northamptonshire  
NN15 6XT

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# ‘Diabetes is More than Medications’ Saturday, 13th October 2012

9.30	Registration & Coffee
10.15	Introduction to ‘Diabetes is More than Medications’ - Jenny Hirst
10.30	Dr. Laurence Gerlis <b>Insulin - How does it behave in Your Body?</b>
11.00	Dr. Mabel Blades <b>Nutrition Nuggets</b>
11.30	Discussion Groups
	<p><b>Discussion Group Choices Available</b></p> <p>Driving - Jenny Hirst</p> <p>Fun and Food - Mabel Blades</p> <p>Neuropathy - Carol Baker</p> <p>Living with Diabetes - Gary Adams</p> <p>Regime Choices - Laurence Gerlis</p> <p>Use of Additional Medications - Rob Rijckborst</p> <p>Pumps - John Hughes</p> <p>Parents’ Platform - Veronica Readman</p> <p>Carers’ Platform - John Birbeck</p>
12.30	Lunch
13.45	Antoni Ellison <b>Tai-Chi</b>
14.15	Discussion Groups
15.15	Afternoon Tea
15.30	Prof. Geoffrey Arden <b>Retinopathy - Causes and Treatment</b>
16.00	Prof. Gary Adams <b>Glycaemic Control</b>
16.30	Closing Remarks - Jenny Hirst

Mr, Mrs, Ms, Miss, Dr, Prof	
First Name:	
Surname:	
Address:	Telephone:
	E-mail:
	Special dietary requirements:

<b>Please indicate the number of people attending:</b>	
Number of people at £20.00 each	
Number of people at £15.00 each (groups of 4 or above)	
Number of people at £7.50 each (OAPs/on benefits)	
Number of children (free of charge)	

Please make cheques payable to 'IDDT' and send with completed booking form to: IDDT (B), PO Box 294, Northampton, NN1 4XS		
Or pay by credit/debit card: Visa/Mastercard/Eurocard/Delta		
Cardholder's Name:		
Card Number:		
Valid from:	Expiry date:	Security code:
Signature:	Amount to be paid:	

<b>Please indicate your choices for 2 discussion group sessions</b>		
Allocation will be on a first come first served basis		
Person 1 - Name	Choice 1	Choice 2
Driving		
Fun and Food		
Neuropathy		
Living with Diabetes		
Regime Choices		
Use of Additional Medications		
Pumps		
Parents' Platform		
Carers' Platform		

**Please indicate your choices for 2 discussion group sessions**

Allocation will be on a first come first served basis

Person 2 - Name	Choice 1	Choice 2
Driving		
Fun and Food		
Neuropathy		
Living with Diabetes		
Regime Choices		
Use of Additional Medications		
Pumps		
Parents' Platform		
Carers' Platform		

**Please indicate your choices for 2 discussion group sessions**

Allocation will be on a first come first served basis

Person 3 - Name	Choice 1	Choice 2
Driving		
Fun and Food		
Neuropathy		
Living with Diabetes		
Regime Choices		
Use of Additional Medications		
Pumps		
Parents' Platform		
Carers' Platform		

**Please indicate your choices for 2 discussion group sessions**

Allocation will be on a first come first served basis

Person 4 - Name	Choice 1	Choice 2
Driving		
Fun and Food		
Neuropathy		
Living with Diabetes		
Regime Choices		
Use of Additional Medications		
Pumps		
Parents' Platform		
Carers' Platform		